

St David's Nursing Home

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Autumn 2017

"Living well every day"

St. David's Newsletter for Family and Friends

Hello. I trust that you had an enjoyable summer. It has been a very busy few months here, as residents have enjoyed events at St. David's as well as further afield.

The Cromer Pier Show

In August, we organised two trips to Cromer, so that residents were able to enjoy both of the "End of Pier Shows". The traditional variety shows were a great hit with both residents and staff.



St. David's Summer Fete

Just as the fete was about to start, we experienced in the words of one attendee, "a deluge". So the event moved inside and there was a rush to make sure everyone and everything (including the raffle prizes) were dry. Thank you to everyone who came despite the weather.

Gardening

Despite some rainy days, residents have enjoyed the large gardens at St. David's. If you walk around the building, you will see beautiful pots of flowers planted and cared for by residents.



Manager – Linda Cooke RGN

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1940s Reminiscence

Planned to coincide with the 1940s celebrations in Sheringham, we hosted a 1940s reminiscence session at St. David's. The memorabilia included ration books, 40s newspapers and magazines, darning equipment and lovely clothing from the era. Just look at those gloves!



Macmillan Coffee Morning



If you have time, please join us for the Macmillan Cancer Support World's Biggest Coffee Morning at St. David's on Friday, 29th September from 11am - Noon. Have fun while fund raising!

Keep up with events at St. David's....'like us' on Facebook.

In addition to the newsletter and the notice board, we now have an active Facebook page where we will post news about upcoming events and activities. We hope this will provide you with an easier way of finding out what is happening here.



To find us on Facebook, either search for St. David's Nursing Home or click through from our website www.st-davids.com.

Best Wishes

Linda Cooke, RGN
Matron