

# St David's Nursing Home

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 /StDavidsNH

Spring 2018



*"Living well every day"*

## St. David's Newsletter for Family and Friends



Hello. I think this is the first time that snow has been on the ground on St. David's day. I trust that by the time, Spring officially arrives the weather will match.

A huge thank-you to our 'SnowHeroes' who battled 'the Beast from the East' and went above and beyond to care for others. Our staff made some amazing efforts.

### **Banishing Winter**

Inside St. David's the atmosphere has felt very different to the wintry picture above. Residents have been banishing winter by arranging cut flowers and planting pots of primroses to bring colour to all parts of St. David's.



### **Arts and Crafts with Liz**

Monday afternoons are also very colourful, as residents paint or pursue crafts depending on their interests. Over the next few weeks, there will be an Easter theme to these sessions. Residents will have the opportunity to decorate Easter eggs, create Easter cards and paint drinks coasters.



Manager – Linda Cooke RGN

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## Floor Games

Some of our afternoons are quite active. The floor game sessions are very popular with residents. The games include Quoits, Knock the Can, Skittles and Floor Darts. We've noticed that these games also attract some of our youngest visitors.



## Music, Entertainment and an Easter Party!

Listed below are some of the events we have over the next few weeks.

### Calamity Jane

**Tues, March 13th at 2.30pm**

Come and enjoy something different.  
A 'Rootin' Tootin' Shootin' musical'  
complete with songs from the original film.

### Easter Party

**Wed, March 28th at 2.30 pm**


Please join us for our Easter party. There  
will be a wonderful tea, raffle and who knows  
where the eggs may be hidden.

### Mister John

**Tues, April 3rd at 2.30pm**

An afternoon of music and humour.

This newsletter, is one of three ways to check what's taking place at St. David's. The notice board in the lobby is updated frequently. If you are not at the home, then take a look at [www.facebook.com/StDavidsNH](http://www.facebook.com/StDavidsNH).

/StDavidsNH is updated two or three times a week. So that you can enter events into your calendar and also see what's going on at St. David's between your visits.

We look forward to seeing you at St. David's soon.  
Best wishes

Linda Cooke, Matron

