

St David's Nursing Home

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 /StDavidsNH

Spring 2019



"Living well every day"

St. David's Newsletter for Family and Friends

Hello. In contrast to last year, this year, the weather and our gardens reflect that it is now Spring and time for the Spring Newsletter. As the days get longer and warmer, we are looking forward to holding more of our activities outside. Residents have already been taking advantage of the warmer days to sit in the gardens and enjoy the spring plantings.



Musical Events

We have had a wide variety of musicians visit St. David's over the last few months. The Salvation Army, Darrin Sings and Dennis Frere-Smith are some of the recent entertainers. They are all very good at getting residents to join in and even dance! If you haven't been at any of these recent events, then there is another opportunity just before Easter.



Manager – Linda Cooke RGN

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Table Top Games

The Saturday table top games afternoons are very social. participants manage to play their own game and give strategic advice to their neighbours playing another at the same time. Others just enjoy a cup of tea or coffee and provide encouragement. Please let us know if there are any different games you would like us to add.



Expansion Plans

The contract to build the expansion is out to tender. We hope to negotiate a start date for early Summer. Details will follow once we have definite dates.

Easter

Here are some of the events that we have planned for the next few weeks, that have an Easter theme.

Easter Crafts

Afternoon, Wednesday 17th April

Have you made an Easter Hat recently?
Here's an opportunity to create a 'bonnet' time for Easter.

Easter Eggs and Cakes

Afternoon, Friday 19th April

This time the focus is on food. Decorate eggs and/or whip up Easter cupcakes.

Music - 'Darrin Sings'

2.30-3.30pm Saturday, 20th April

Tap your toes or dance as to some of your favourite tunes as 'Darrin Sings' on Easter Saturday. All welcome.

We look forward to seeing you at St. David's soon.



Best wishes

Linda Cooke, Matron, RGN