

St David's Nursing Home

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 /StDavidsNH



"Living well every day"

Spring 2020

St. David's Newsletter for Family and Friends

Hello. In this newsletter we will try to bring you up to speed on all the new developments here at St. David's plus what our plans are for Easter.

St. David's is going digital

We have been tracking developments in electronic care plans for a while. Now, we have found a system that will maintain the high standards of our customised care plans.

On your next visit, you may notice carers using small devices to record their care activities into the care plan immediately rather than waiting until they can get to a desk to write their notes. The device looks like a small phone, but it only allows staff to interact with the care plan. No Facebook or email or messaging is possible.

This new system will save carers' time and let them spend longer interacting with Residents. Going digital is a trend that is also encouraged by CQC.



Expansion at St. David's

The final door frames for the rooms leading out to the rear garden are arriving in the second week of March. When these are installed all the new build will be water tight. The new conservatory should be ready to use in the next couple of weeks. That just leaves the interiors and the landscaping to be finished. The detailed plans for our gardens can be seen on the notice board in reception.



Manager – Linda Cooke RGN

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Coronavirus

We appreciate that many people are worried about the coronavirus. We are taking precautions as advised by the NHS. If anything changes we will let you know. In the meantime, as usual, please don't visit if you have a cough or cold or are feeling unwell. Please use the hand sanitizers by the entrance and make sure to wash your hands well.

Activities

Did you know that over a month, there are 18 different activities taking place at St. David's? Live Music, Church Services, Crafts, Painting, Gentle Exercise, visits from a P.A.T. Dog to name but a few. The plan for each week is posted on our FaceBook page.

Music and Movement

Music and movement sessions are offered twice a month. The format varies. But these pictures capture some moments from recent sessions this year. Can you shake a tambourine while cycling?



Easter

Here are some of our events planned over the next few weeks to celebrate Easter.

Easter Crafts

Afternoon, Wednesday, 8th April 2020

Have you made an Easter Bonnet recently? Or decorated eggs? This is your chance to get ready for Easter.

Easter Party

Friday, 10th April

Music,

Swing to the
Then enjoy a
with
Easter Eggs



and Cake.

2.30pm,

2020

Easter Cakes and Eggs
'Sounds of Jeff Short'.
proper Tea complete

'Sing for Joy'

3.15pm, Sunday, 12th April 2020

Join us for an Easter service complete with your favourite hymns.
Best wishes

Linda Cooke