

# St David's Nursing Home

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*"Living well every day"*

Spring 2023

## St. David's Newsletter for Family and Friends

Hello. It's been marvellous over the last three months to socialise properly again. In this newsletter, we highlight some of the most popular activities that have taken place over the last three months. We are also looking forward to warmer weather, so that residents, families and friends can enjoy our wonderful gardens.

### Music

The conservatory is coming into its own as a music venue. We have hosted Trisha and Michael performing an Afternoon of Arias, 'Barry Tone' moving like Elvis and Anthony Shiels making the piano rock. While 'Darrin Sings' and Bob Wilkinson perform their repertoire much to the delight of residents. Residents have had a great time singing and moving to the music.



Manager – Linda Cooke RGN

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## Valentine's Day

Residents and St. David's staff were determined to make this a day to remember! Residents created gorgeous cards for friends and family. Heart shaped balloons and streamers caught the eye wherever one looked. Friends and family gathered over a champagne afternoon tea and enjoyed the 'Barry Tone' version of Elvis.





## Animal Lovers

There have been many opportunities for residents to meet with visiting animals over the last few months. The alpacas, Lemmy and Bea, visited St. David's at the beginning of February. Residents could meet and interact with the alpacas in their rooms as well as the Conservatory. Residents have also enjoyed petting and providing treats to Willow and Luna. Willow is a Chinese Crested Powder Puff and Luna is a Toy Poodle.





## Plans for Easter

### **Cooking**

Baking easter chocolate crispy cakes

2pm, Monday, 3<sup>rd</sup> April 2023

### **Cinema Experience**

Peter Rabbit 2

2pm, Tuesday, 4<sup>th</sup> April 2023

### **Easter Arts and Crafts**

Opportunity to create Easter Bonnets and Hats

2.30pm, Wednesday, 6<sup>th</sup> April 2023

### **Entertainment**

'BarryTone'

2.30pm, Thursday, 7<sup>th</sup> April 2023

### **Coffee Morning**

Coffee Morning with home-made pastries  
And Hot Cross Buns

10.30am, Friday 8<sup>th</sup>, April 2023

### **'Sing for Joy'**

Good Friday Service

3.00pm, Friday, 8<sup>th</sup> April 2023

### **Easter Party**

with an Easter Bonnet Parade and a  
Raffle

2.30pm, Saturday, 9<sup>th</sup> April 2023

### **'Sing for Joy'**

Easter Sunday Service

3.00pm, Sunday, 10<sup>th</sup> April 2023



We look forward to seeing you at St. David's.

You can see more about what's happening by following us on FaceBook  
[@StDavidsNH](#)

Best wishes

Linda Cooke, Matron, RGN