

# St David's Nursing Home

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Summer 2020

*"Living well every day"*

## St. David's Newsletter for Family and Friends

Hello. What a difference three months makes! In this newsletter, we will try to show you how even with COVID-19, residents at St. David's are still 'Living well, every day'.

### Expansion Project

By the time you read this newsletter, the conservatory and the patio outside will be completed. The resin pathways in the back and main gardens are being poured in short order and the grass is being sown. All the gardens will be accessible like never before. Everyone here at St. David's (staff and residents alike) are very excited to have these huge gardens in which to enjoy the Summer.



### Coronavirus Update

Last week, we tested all residents, staff and our external contractors. A total of 90 samples were taken. All the results were negative which is what we expected.

Covid-19 has been challenging logistically, but we have been very fortunate to have Monica and Jeff (the owners) by our side throughout the whole of this outbreak, ensuring that we have ample supplies and speedy delivery of appropriate PPE, and enabling prompt early covid-19 testing. They also worked on making sure the food deliveries were on time and dealt with a myriad of other

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issues to ensure that we at St David's ran smoothly. This means that our staff can continue to focus on resident care knowing that supplies are in place.

### Victory Europe Day

The 8<sup>th</sup> May was an important day for our residents. Many had very vivid memories of what they were doing when the Victory announcement was made. Staying up all hours, dancing the night away and lighting bonfires on the beach were just a few of the ways people remembered celebrating in 1945.



In the week leading up to our party, residents selected the songs they would like to be played by our resident guitarist and the songs they wanted to be able to sing. They were also able to book hair appointments and manicures from our staff some of whom we discovered have certificates in Hair and Beauty.



It was quite an afternoon. Decorations were everywhere including many items from the 1940s. Everyone was in good voice. The sandwiches, cakes and champagne were much appreciated.

We hope you enjoy the photo montage on the next page.  
Best wishes

Linda Cooke

# Spring 2020 at St. David's

