

St David's Nursing Home

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Winter 2024

"Living well every day"

St. David's Newsletter for Family and Friends



Hello. Hope you had a wonderful Christmas and Best Wishes for the New Year. The lights and decorations are still up all over St. David's. In this newsletter, we highlight some of the activities residents have enjoyed over the past three months, including Christmas.

Halloween Party

Residents wore a wide range of outfits to the Halloween Party as did staff. The party food was suitably 'gory' and very tasty. This year residents decided that they would like live 'spooky' music for the party. "Darin Sings" performed a great range of Halloween songs.



Manager – Linda Cooke RGN

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Music

Residents have enjoyed watching many different performers, over the past few months. One of the highlights was the choirs of the “Christ of Church”. The visitors split into four groups each with a different style of singing. The lyrics to the songs were projected on a large screen so residents could join in with the singing. The youngest Choristers also signed their songs and were very popular indeed. Residents had wrapped small gifts to present to the performers and the visitors surprised residents with gifts as well.



Creativity

Residents at St. David's are very creative. Autumn and winter provide many themes for people to gather together to create event specific decorations. Residents also share tips and memories over hot drinks while developing their designs. Here are a few arts and crafts produced to celebrate Autumn, Halloween, Remembrance Day, and of course Christmas.



Celebrations

We enjoy planning and celebrating birthdays and other special occasions with residents. We were recently privileged to celebrate a 100th birthday!



Christmas

December has been a very busy month at St. David's. There have been parties, concerts, visits from friends and family and of course Christmas and Boxing Day. We do hope you were able to join for us for some of these events.



Christmas and Boxing Day

Santa, his helper Elves and even a reindeer visited St. David's early on Christmas morning. We managed to get a few pictures as they delivered presents.



After Santa's visit, residents and guests gathered in the Conservatory for Christmas lunch and a challenging quiz.



The Boxing Day lunch and social afternoon were also very well attended. It was fun anticipating who might win the raffle prizes. The prizes were won by residents, staff and guests.



We do hope you were able to join us for some of these events.
Best wishes for a Happy and Healthy New Year

Linda Cooke, RGN, Matron